



## CONFIRMATION FAQ FOR LEADERSHIP



### ***What happening with the sacrament of Confirmation?***

Confirmation will move from 10th grade to 6th grade over a 3-year period beginning with 2027-2028. All parishes will use the same one-year, family-focused, formation framework that allows for local adaptations.



### ***Why is the Diocese lowering the age for Confirmation?***

1. Young people are more receptive to a personal, life-changing encounter with Jesus that seals their identity as disciples and members of the Body of Christ.
2. We want our young people to have the gifts of the Holy Spirit as they begin to face cultural realities, scheduling and peer pressures, mental health issues, and other challenges that arise in adolescence.
3. Confirmation is a sacrament that strengthens baptismal grace and anchors a young person's identity in Christ. The sacrament equips young people to see themselves on mission to live as Jesus did and share his love with others.



### ***Who does this apply to?***

This change applies to all Catholic families in the Diocese of Des Moines who want their children to receive the sacrament of Confirmation, including those in Catholic schools, public schools, and home schools.



### ***When and how will this change happen?***

There will be no change for families in 2026-2027. Our parish will take time this summer to discern when we will roll out the new sacramental preparation process following the curriculum created for us by the Diocese of Des Moines.